

*Wylie Sports Medicine  
Athletic Training Handbook  
2025-26*



Head Athletic Trainer  
Eric L. Maxey, M.ed, ATC, LAT  
(972) 429-3147

Associate Athletic Trainer  
Jordan Greene, MS, ATC, LAT  
(972) 429-3100 ext 7923

Associate Athletic Trainer  
Silvia Hausknecht, MAT, LAT, ATC  
(972) 429-3100

WYLIE INDEPENDENT SCHOOL DISTRICT  
ATHLETIC TRAINING HANDBOOK/POLICY

Expectations

**Student Athletic Trainers:**

- 1) Students new to WHS are encouraged to enroll in Sports Medicine I class. (Students will get a PE and an elective credit).
- 2) All students must work football. The football season starts the second week of August.
- 3) Students will work Monday through Saturday until the first regular football game of the season.
- 4) After the first game of the season students will be assigned three practices per week. You must work the full practice to get credit for the practice. If you have tutorials you will need to work the opposite practice to make up for the missed practice. All students are expected to work a minimum of one practice per day. If you are unable to work your scheduled practice, you must make up the practice at the next available practice.
  - a. Morning Practices are Monday – Wednesday: 7:00 am-9:15am
  - b. Evening Practices are Monday – Wednesday: 4:30 pm-6:30pm
- 5) All student trainers will be required to work one football game per week. Sub-varsity trainers will work games on Thursday night and Varsity trainers will work on Friday night.
- 6) When football season is over student trainers will be required to work morning and evening treatment per week, one in the IMPAC and the other in the Montgomery. Treatment times are 7:00am – 8:30am or 4:30pm-6:00pm.
- 7) Students are responsible for maintaining academic work. If a student athletic trainer fails a course for the nine weeks, he/she will be placed on academic probation for three weeks. If after 3 weeks they are still failing a course, which constitutes grounds for removal from the athletic training program.
- 8) Student athletic trainers are expected to wear Docker Style/Black shorts or pants with their issued game shirt to all school sponsored events. (Games, Picture Day and Meet the Pirate Night).

9) Social Media: The district Extracurricular Code of Conduct is followed and enforced for all student trainers. We can and will monitor your presence on X, Facebook, Snapchat, Instagram, TikTok, etc. Please make sure that how you are representing yourself and the athletic training program is always appropriate.

10) ParentSquare is used to communicate changes in practice times and/or remind students of upcoming events. Parents are encouraged to download on their phone. This is a great way for students and parents to message us directly.

11) If a student trainer must miss practice for any reason, they need to call Coach Greene, before practice begins. Any practice missed needs to be made up that week. A minimum of three practices must be worked for a student trainer to be eligible to work their game. Missing games or being ineligible for a football game is grounds for removal from the student trainer program. Student's that miss a scheduled assignment must call the head athletic trainer. If a student trainer misses practice without calling, they will have to make up the missed practice with additional consequences that includes working before and after school or being suspended from working a contest.

12) When football season is over, student trainers will be assigned a second sport but will not be assigned more than two sports for one school year.

13) The first two weeks of football season are probationary for everybody. A student athletic trainer can be removed at any time for any reason seen fit by the head athletic trainer. After the completion of the first two weeks of football practice, students will be notified of their status and team they will cover.

## II. Training Room Procedure

- 1) The Training Room will be kept clinically clean at all times.
- 2) All therapeutic equipment and modalities must be handled with care.
- 3) All therapeutic rehabilitation will be administered according to prescription.
- 4) No change in therapeutic treatments shall be administered by a student trainer without permission from the Head Athletic Trainer.
- 5) The Training Room is a co-ed facility. Student athletic trainers are expected to always act mature. Inappropriate sexual innuendoes or jokes will not be tolerated.

## III. Appearance

- 1) You are expected to keep your hair length moderate and neatly groomed. All school policies will apply in regards to facial hair, jewelry, and clothing.
- 2) All Wylie ISD dress code regulations must be followed in the athletic training room.

#### IV. Confidentiality of Injury Status

- 1) All information regarding player injury status is considered confidential and should not be the topic of conversation with friends.

#### V. Office

- 1) The Athletic Training office is off-limits to athletes and student trainers unless permission has been given to use the telephone, or for any business assigned by one of the professional athletic trainers.

#### VI. Student Trainer Dismissal

Grounds for early dismissal from the sports medicine program include:

- 1) Missing practice or games without permission.
- 2) Negligence of training room responsibility.
- 3) Negligence of practice and game responsibilities.
- 4) Failure to comply with the policies set forth in the Student Trainer Handbook.
- 5) Failure to comply with school policies and regulations.
- 6) Continued failure to meet Texas State Academic Standards.
- 7) Attempting to perform any type of medical or therapeutic procedure that is outside of the student's capability and or is illegal.
- 8) Any circumstance as seen fit for dismissal by the Head Athletic Trainer.

#### IX. Note from Head Athletic Trainer: Eric L. Maxey

Serving as a student athletic trainer can be a deeply rewarding experience. In this role, prioritizing the health and well-being of athletes is paramount, with the student trainer's education and hands-on experience considered secondary. A key responsibility is ensuring that athletes have access to clean, cold water at all times. Student athletic trainers are expected to demonstrate a higher level of maturity compared to their peers. The athletic training program provides valuable hands-on experience and the opportunity for positive engagement within the high school environment. Furthermore, this experience can be instrumental in helping students discover their interest in medicine and related fields. It is important to emphasize that student trainers will not be asked to make medical decisions or placed in situations where their actions could potentially cause harm.

WYLIE I.S.D. ATHLETIC TRAINER COMMITMENT  
25-26 ACADEMIC SCHOOL YEAR

I, as a student athletic trainer in the Wylie Athletic Department, have read the expectations for a student athletic trainer in the Wylie Independent School District and will abide by the standards established therein. I commit myself to be loyal to my school and athletic training department, to cooperate with ALL teachers, coaches, and administrators of Wylie ISD, and to be supportive of the athletes in our athletic program. It is my intention to be honest in all my dealings, to be respectful toward all people and their property, and to work hard to become the best student athletic trainer possible. I understand that if, at any time, I am not meeting the expectations of the athletic training program, I can be removed of my duties as a student trainer.

**PLEASE PRINT YOUR NAME HERE:** \_\_\_\_\_

*Signature of Student Athletic Trainer* \_\_\_\_\_ *DATE* \_\_\_\_\_

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As a parent or guardian of the above named student athletic trainer, I give my consent and approval of him/her to undertake the rigors of being a student trainer in the Wylie ISD athletic training program. I am aware that working as a student trainer is a privilege and students must meet specific requirements in order to participate. I have read the expectations for student athletic trainers in the Wylie ISD Athletic Training Policy Handbook and support my child's participation within the framework of those standards. I understand that if, at any time, my student is not meeting the expectations of the athletic training program, and he/she can be removed of his /her duties as a student trainer.

*Signature of Parent/Guardian* \_\_\_\_\_ *Date* \_\_\_\_\_

**Please return signed commitments to:**

Eric L. Maxey, M.ed, ATC, LAT  
Head Athletic Trainer  
Wylie High School  
2550 W. Hwy. 544  
Wylie, TX 75098  
Cell: (214)334-3771  
Phone: (972) 429-3147  
Fax: (972) 429-2498

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